

**Tammy Cloud-McMinn**

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**From:** James Kollitz <jkollitz@gmail.com>  
**Sent:** Monday, August 19, 2024 5:42 PM  
**To:** City Clerk  
**Subject:** Agenda Action #8

All Receive - Agenda Item # 8  
For the Information of the:  
CITY COUNCIL  
Date 8/20/24 CA  CC   
CM  ACM  DCM (3)

Dear Carlsbad City Council Members,

I am an owner of a unit in Summerhouse Condominiums on Ocean Street where I live full time. I am a retired physician and I would urge you to support the ordinance to make all multi-unit housing in Carlsbad smoke free.

Wayward smoke is a significant problem in multi-unit housing across the country and going smoke-free is the only workable solution. There is no legal right to smoke and there is no infringement on anyone's rights by regulating where it can and cannot occur. Currently in California there are 74 cities that ban smoking in all multi-unit housing. The county of Alameda bans smoking county wide in all multi-unit housing. These bans include private and public multi-unit housing. This is a trend across the country and smoke free policies are quickly becoming the standard for multi-unit housing across the US.

Secondhand smoke contains more than 7000 chemicals, hundreds which are poisonous and 70 that are known carcinogens. The Surgeon General has determined that there is no safe exposure level to second hand smoke. Any smoke entering your unit is a health problem. There is no equipment, HVAC system, smokeless ashtray, etc. that will protect a non-smoker from the adverse health effects of involuntary exposure to tobacco smoke. The American Society of Heating, Refrigerating and Air-Conditioning Engineers report in their position paper "At present, the only means of effectively eliminating the health risks associated with indoor exposure is to ban smoking activity." The CDC and World Health Organization have published similar assessments.

Exposure to second and thirdhand smoke remains a significant health hazard in the US. Second hand smoke causes 34,000 premature deaths from heart disease, 8000 deaths from stroke, and 7300 lung cancer deaths each year in the US among non-smokers. Even brief secondhand smoke exposure can damage cells in ways that set the cancer process in motion. Risks increases with exposure duration.

Thank you for your kind attention. I hope you will support this ordinance.

James Kollitz, MD  
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