



Get back to doing the things you love

If lower back pain – one of the most common sources of pain – is interfering with your life, chiropractic and acupuncture treatment options may help ease pain and restore function



You've got a lot of providers to choose from

As part of your health plan benefits, you have direct access to more than 3,000 credentialed chiropractors and over 950 credentialed acupuncturists servicing California.

If these services are covered, you simply pay a \$15 copayment per visit.¹ You don't need a referral, there are no deductibles or claim forms to fill out, and your participating provider coordinates all services and billing directly with OptumHealth®. Ready to get back to what you love?

Find a provider in 4 steps

- 1 Visit uhc.com/CalPERS > Search for a Provider
- 2 Select **Search for Chiropractors and Acupuncturists**
- 3 Enter your search criteria. To get the most provider results, enter your city instead of ZIP code. Then select **UnitedHealthcare SignatureValue®** from the plan/product drop-down menu
- 4 Select **Submit** and scroll down to view your options

Get more info

Call us at **1-877-359-3714**, TTY 711

United
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¹ 20 Visit Annual Combined Maximum for acupuncture and chiropractic. Members are responsible for any charges resulting from non-covered services.

The information provided on included programs is for informational purposes only and is not a substitute for your doctor's care. Please discuss with your doctor how the information provided is right for you. Always refer to your plan documents for specific benefit coverage and limitations or call the toll-free member phone number on the back of your health plan ID card.

Chiropractic services administered through Optum, a UnitedHealth Group company.

Health plan coverage provided by or through UnitedHealthcare Insurance Company, UHC of California and UnitedHealthcare Benefits Plan of California. Administrative services provided by United Healthcare Services, Inc., OptumRx or OptumHealth Care Solutions, Inc. Behavioral health products are provided by U.S. Behavioral Health Plan, California (USBHPC).