

# Happy Trails

SPRING/SUMMER 2015

City of  
Carlsbad



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## Quarterly Trail Volunteer Meetings

Want to find out more about the City of Carlsbad's trails, volunteering for trail cleanups and where the next trail will be constructed? Trail volunteer meetings are held quarterly on Thursday evenings at 5 p.m. at the Carlsbad Senior Center, 799 Pine Ave.

- Thursday, **June 18**
- Thursday, **Sept. 17**
- Thursday, **Dec. 17**

## Summer Hiking Tips

As the weather gets warmer, follow these tips to stay safe while enjoying the citywide trails system.

- **Have the right gear.** Bring water and a basic first-aid kit. Wear sunscreen, sunglasses, a hat, proper shoes/boots and light color clothing.
- **Know where you are going.** Have a map handy. Stay on the designated trail, and check the weather report before you leave.
- **Don't go alone.** Bring a partner, and take identification and your mobile phone. Don't leave valuables in your car.
- **Get an early start.** Cooler morning air will bring out more wildlife.
- **Beware of rattlesnakes.** Wear pants and boots to protect your lower legs. Don't reach into crevices or step in between rocks. Keep your dog on a leash that is under six feet long, and never go off the trail. If you see a rattlesnake, back away. If bitten, remain calm and call 9-1-1.
- **Avoid poison oak.** This plant can cause a severe allergic reaction. It is most commonly found wrapped around or growing through a shrub or growing straight up in stalks. The leaves are usually clumped into three leaflets and are typically bright green in the spring and yellow-green to reddish in the summer. White flowers form in the spring.





## Upcoming Volunteer Opportunities

Join trail volunteers who are critical in maintaining and preserving our trails. It's a great way to have fun, keep fit and learn about our unique coastal environment, all while making a lasting contribution that benefits the community for generations.

Mark your calendar for upcoming volunteer opportunities (usually starting at 8:30 a.m.), and please remember to wear gloves, closed-toe shoes and sunscreen. Water and snacks will be provided.

- **May 9** – Lake Calavera Preserve
- **June 6** – National Trails Day at La Costa Glen Trail
- **July & Aug.** – Summer break/no volunteer events
- **Sept. 26** – National Public Lands Day at Kelly Trail

To learn how to become a trail volunteer, please call the city volunteer hotline at 760-434-2929, or visit [www.carlsbadca.gov/volunteers](http://www.carlsbadca.gov/volunteers).

Check the city's website to confirm volunteer event dates and times at [www.carlsbadca.gov/trails](http://www.carlsbadca.gov/trails).

## Volunteer Updates

### Beach Bluffs

On Jan. 10, about 150 volunteers planted more than 600 California native plants on the bluff along the lower seawall at Tamarack State Beach to beautify the slope and help reduce erosion. About 20 varieties of shrubs, succulents and flowering plants were selected, including California buckwheat, lemonade berry, California sagebrush, California sunflower and hummingbird trumpet. The City of Carlsbad is partnering with the California Department of Parks and Recreation, which owns most of the beach area in Carlsbad, to make improvements along the coastline, which have also included refurbishing the Tamarack restrooms, adding new picnic tables and other enhancements that will help everyone enjoy our beautiful beaches.



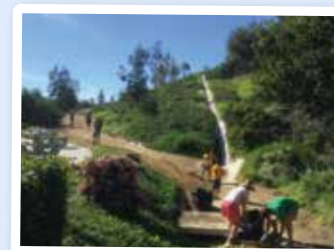
### Coastal Rail Trail

On Saturday, Feb. 21, volunteers beautified the most popular trail in the heart of Carlsbad Village, the Coastal Rail Trail. Volunteers planted ornamental vines along the trail fence to minimize visual disturbance of neighboring train tracks. They also planted 24-inch box trees at the Chestnut Avenue access and evergreen, ornamental shrubs to supplement existing landscaping with vibrant drought tolerant, year-round attractive plants. Volunteers also repaired a decomposed granite path at the Chestnut Avenue access leading to the trail. Young children, supervised by their parents, eagerly engaged in the litter pickup activities and planting.



### Carlsbad Oaks North

Saturday, March 14, brought hot and dry Santa Ana winds to the city. It did not stop the 50 volunteers at the Carlsbad Oaks North Business Park trail event. The group worked hard all morning clearing the trail of overgrown brush and tree limbs, improving drainage and trail surface and performing general cleanup of the trail. Thanks to Patrick McConnell from the Center for Natural Lands Management, Cub Scouts from the San Marcos Pack 670 had an opportunity to learn about the indigenous plants and habitat conservation practices.



# National *Trails Day* – June 6



Celebrate National Trails Day with a demonstration trail cleanup and a one mile educational hike along La Costa Glen Trail. The self-guided hike will include informational exhibits about the city’s trails, hiking information, how to become a trail volunteer and facts

about the local flora and fauna that can be observed while hiking trails in Carlsbad. Hear presentations by naturalists and other speakers who can address the nature of the trail and its surroundings, as well as what other trails in Carlsbad have to offer.

The La Costa Glen trail is located in southwest Carlsbad adjacent to an open space corridor along Encinitas Creek. Hikers will be pleasantly surprised by the sounds of songbirds who live in the plants along the creek.

Participants should wear closed-toe shoes, a hat and sunscreen. Water and healthy snacks will be provided.



# Carlsbad *Trails Master Plan* Updates



The Trails Master Plan update provides recommendations for completing and enhancing the trail network in the City of Carlsbad for a variety of users, with a focus on enhancing access to open space and future trail development. The updated plan reflects new trails and incorporates changes in the city’s trail system. The Trails Master Plan also includes design guidelines, identifies priority projects and updates the citywide trails map.



The update was developed with input from trail users and others interested in enhancing the city’s trails system. See the Trails Master Plan at [www.carlsbadca.gov/trails](http://www.carlsbadca.gov/trails).



# Featured Photo

A year after the Poinsettia Fire, Golden Fields of California Poppies and Coast Sunflowers are blooming in the canyons along Ambrosia Lane at the Black Sage trailhead. Green, yellow and orange mounds of pioneer vegetation have begun to cover the scorched soil like a soothing blanket. Even though the habitat healing process will take years, the signs of regeneration are undeniable.



## Volunteer Trail *Captains*

- **Arroyo Vista**  
Tia Lanzetta
- **Carlsbad Oaks North Business**  
Patti Wolf & Melanie Misel
- **Coastal Rail**  
Terri and Joe Sardina
- **Hosp Grove**  
Gary Nessim and John Rodenhausen
- **La Costa Glen**  
Ed and Tricia Cerda
- **La Costa Valley**  
Debbie Phipps
- **Lake Calavera**  
Diane Nygaard and Paige Decino
- **Melrose 55**  
Peter Thompson
- **Old Rancho Santa Fe Rd./ Rancho La Costa Preserve**  
Vacant
- **Rancho Carrillo**  
Ramesh Sirsi
- **Ridgeline/La Costa**  
Don Stapp
- **The Crossings/Veterans Park**  
Mary and Richard James
- **The Ranch/Santa Fe Trails**  
Ron Hubbard
- **Village H/Hidden Canyon Park**  
Tim Campbell
- **Villagio**  
John F. Gillis
- **Waters End**  
Jamie Hartnett

## Citywide Trails Program *Mission Statement*

*“Provide a trails system that ensures the recreational and leisure needs of Carlsbad residents while supporting the protection and preservation of open space in accordance with the City of Carlsbad General Plan.”*

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 **City of Carlsbad**  
Parks & Recreation

760-434-2826  
[www.carlsbadca.gov/trails](http://www.carlsbadca.gov/trails)